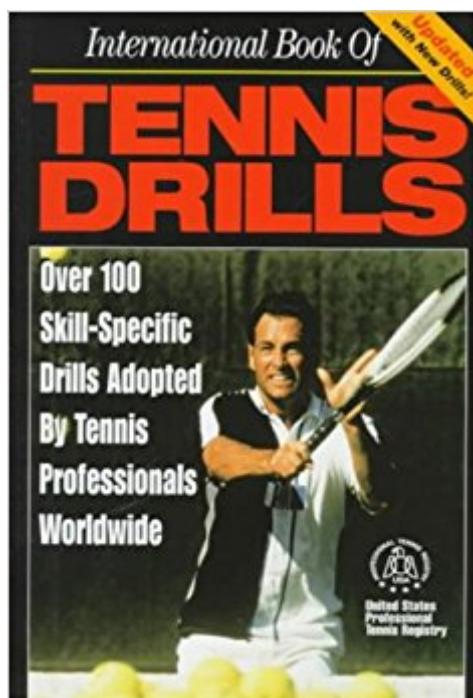


The book was found

International Book Of Tennis Drills; Over 100 Skill-Specific Drills



Synopsis

The US Professional Tennis Registry is a nonprofit organisation dedicated to educating, certifying and servicing tennis teaching professionals and players throughout the world. This is their compendium of the most popular tennis drills.'

Book Information

Paperback: 264 pages

Publisher: Triumph Books; Rev Upd Su edition (April 1, 1998)

Language: English

ISBN-10: 1572432837

ISBN-13: 978-1572432833

Product Dimensions: 8.9 x 6 x 0.7 inches

Shipping Weight: 1.1 pounds

Average Customer Review: 3.3 out of 5 stars 3 customer reviews

Best Sellers Rank: #1,578,655 in Books (See Top 100 in Books) #97 in Books > Sports & Outdoors > Coaching > Tennis #493 in Books > Sports & Outdoors > Individual Sports > Tennis #597 in Books > Sports & Outdoors > Racket Sports

Customer Reviews

When I bought this book I was hopeful that the chapter on the Ball Machine drills would help me to use my new ball machine more efficiently. I was disappointed by the fact that the chapter was geared for more than one player and the machine, rather than just one player and the machine. I believe that most of the drills can be revised so that they work with just one player, but it didn't really contain what I was looking for. I didn't feel there was that much value added to when I go out with the machine before reading this book.

While I agree with the other reviewer who said that the drills were tailored to a clinic setting, I have found that many of the drills can easily be adapted to as few as two people. The value in the book is in learning the concepts that each drill is meant to teach. If you need work on a particular part of your game, there is most likely a drill that can help you. The book explains each drill in text and with a clear diagram of how the drill should be conducted (where players should be positioned, where the balls should be hit). The text portion also gives variations on the drill that can be used depending on the skill level of the players. It gives suggestions on how to make it easier for less advanced players, and suggestions for making it more challenging for more advanced players. I teach clinics,

so it's obviously a good reference for me to keep my clinics fresh, but I also refer to it for my own practice with my mixed doubles partner. The overall content of the book is excellent, but having read through most of the drills, I've found portions where the editing fell short. There were a couple of drills where the text portion didn't match the diagram, and it looked like the description was for a different drill. But overall, the information in this book is extremely useful. Of all the tennis books I have, this is the one to which I refer the most.

This book is a comprehensive, easy-to-read list of drills for all levels. The pictures and clear directions simplify my coaching and serve as an invaluable resource on the fly! Buy this book if you don't have oodles of extra time to read fluffy descriptions and just need creative basic drill ideas to serve as a backbone for your practices.

[Download to continue reading...](#)

International Book of Tennis Drills: Over 100 Skill-Specific Drills Adopted by Tennis Professionals Worldwide International Book of Tennis Drills; Over 100 Skill-Specific Drills How to Play Tennis: The Complete Guide to the Rules of Tennis, Tennis Scoring, Tennis Grips and Strokes, and Tennis Tips for Singles & Doubles Tennis: Top 5 Strategies How to win more matches, How to Play Tennis, Killer doubles, Tennis the Ultimate guide (Tennis Strategies How to win more matches Book 1) 101 Tennis Tips From A World Class Coach VOLUME 1: A Common Sense Approach to Tennis (101 Tennis Tips From A World Class Tennis Coach) The Complete Book Of Softball Drills: easy guide to perfect your softball drills today! (Fastpitch Softball Drills) Softball Pitching Drills: Great Pitching Drills for Fastpitch Softball (Fastpitch Softball Drills) Tennis Strategies: The Top 100 Best Things That You Can Do to Greatly Improve Your Tennis Game Felix Gonzalez-Torres: Specific Objects Without Specific Form MMA, Grappling, and Self-Defense Drills and Warm-Ups: Over 50 Drills, Games, and Warm-Ups Thatâ™ll Keep Your Students Training Through Black Belt (Martial Arts Business Success Steps Book 9) Marvelâ™s Black Widow from Spy to Superhero: Essays on an Avenger with a Very Specific Skill Set The Tennis Drill Book (Tennis Drill Book, Paper) Intarsia Woodworking for Beginners: Skill-Building Lessons for Creating Beautiful Wood Mosaics: 25 Skill-Building Projects Fun ACT Prep English and Reading: Skill by Skill: because test prep doesn't have to be boring Cooking for the Specific Carbohydrate Diet: Over 100 Easy, Healthy, and Delicious Recipes that are Sugar-Free, Gluten-Free, and Grain-Free Tennis The U.S. Open 2018 Wall Calendar: The Official Calendar of the United States Tennis Association Tennis For The Rest Of Us: A Practical Guide For The New, Nearly New, Newly Frustrated Or Nearly Discouraged Tennis Player Tennis The U.S. Open 2017 Wall Calendar: The Official Calendar of The United

States Tennis Association The Ultimate Guide to Weight Training for Tennis (Ultimate Guide to Weight Training: Tennis) The Tennis Psychology Workbook: How to Use Advanced Sports Psychology to Succeed on the Tennis Court

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)